

## WOMAN'S HERALD

Devoted to the Household, the Fashion and the Activities of Women.

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DAILY DEPARTMENT OF THE WASHINGTON HERALD.

Correspondence is invited. Address all communications to the Woman's Editor of The Washington Herald.

WASHINGTON, FRIDAY, NOVEMBER 13, 1914.

## A Riddle.

Are the short skirts responsible for the good-looking women are now wearing, or are the good-looking shoes responsible for the vogue for short skirts? Who knows? I don't; and when I put the question to one of the leading authorities on women's shoes in Washington recently he couldn't answer the question. Did women decide to wear short skirts because they couldn't endure the thought of having such pretty shoes and such expensive stockings, and let show them, or did the fact that short skirts had come into vogue make them demand prettier, daintier and more distinctive-looking shoes?

That is the way I put the question that is a riddle. But whatever the answer may be, sure it is that this is an age of extra-ordinary attention to footgear.

Do you remember how your grandmother, or your great-aunt, or some one of their generation, used to tell you that you could always tell a "lady" by her shoes? And what those good old ladies meant, or meant, was that the careful woman always saw to it that her shoes were well looked after, that there were no missing buttons and that the heels were not run down. Probably the "perfect lady" of your grandmother's day never showed much more than the little patent leather tip of her shoe and, of course, she never showed her stockings.

The attitude in those days I think must have been that it was really a pity that women had to have anything so utilitarian as feet anyway, but that as long as they did, since they wouldn't simply float from one place to another without the aid of these extremities, the least thing to do was to show them as little as possible and to have them as small and as cramped as possible.

The edge still holds good that you can tell a woman who is a thoroughbred by her shoes. But it holds good in a different way. Shoes now have become one of the most attractive parts of a woman's get up. So far from hiding them she first wears skirts that were still in the front or the side, then in the back, and now she wears skirts that end six or eight inches from the floor.

Shoes nowadays are more than inconspicuous black coverings for the foot. Light uppers of tan or buff are almost a matter of course for street wear, and a neat touch of white is also seen on smart footwear. Striking combinations of black and white, or bronze and of exquisite finish, buckles of rhinestone, or cut jet or even delicately carved camoes are seen on evening slippers nowadays.

The shoes show and the stockings, that nowadays cost almost as much as the shoes do, show, too, and the woman of today is very glad that they do show.

## NEW YORK FASHION LETTER.

Correspondent of the Woman's Herald.

## Black Corsets.

Have you seen the black corsets that are sold to wear with black evening gowns?

The problem of perfectly covering the corset with an opaque fabric in the evening has troubled many women when they donned black frocks. This new corset makes the corset covering unnecessary. It is made in moire silk.

## Eton Coats.

There is a rumor that the very short coat—the Eton coat of seven or eight years ago—is to be revived. Of course, this change will not take place this winter, but designers who are now busy making plans for the manufacture of early spring designs are counting on a vogue for the Eton coat. Norfolk coats, also, will be in favor in the very early spring models.

## The New Fur.

The most highly favored fur of the minute in this city is the hamster. This is an exceedingly soft and supple fur, and lends itself well to the pronounced flare at the bottom of the coat known as the bell effect. A heavier, stiffer fur would not lend itself so well to this voluminous treatment. Usually the hamster coats

are trimmed with some sort of black fur, monkey being the favorite. A beautiful coat of hamster made up with monkey collar and cuffs was seen at one of the Fifth Avenue shops for this, which is not a very high price for the season's newest and most striking of furs.

Up to this winter the hamster was considered a very troublesome little rat that abounded in the grain fields of Russia and Germany and every year caused no end of destruction of crops in those countries. This winter the hamster is a really desirable fur-bearing animal. And what is more he is the very latest fad in fur and his praises are sung by fur designers, by those who wear on the lookout for novelties in dress.

The general color of the hamster is brownish gray and the under fur is blue. The cheeks of the animal are marked with red with a white patch immediately below. The ears are short and nearly bare. The throat is white and there is a yellowish-white patch on the fore legs and another close to it on the side. The belly and the legs are black, but the feet are white. It is because of this fine and interesting marking that the pelts of the hamster when made up into fur coats or muffs or neck pieces presents such an interesting appearance.

## With a Paint Brush.

There are so many things you can do to freshen up your home if you can wield a paint brush.

In the matter of furniture, for example, a clever woman, who knows the art of applying paint and varnish to wood, will be able to save many dollars when it comes to housecleaning time.

It is not a difficult task to put paint on furniture, or any kind of woodwork. All one has to do is to be sure that the wood is clean, free from dirt or dust, and dry.

First, remove all the old varnish with sandpaper, rubbing the wood smooth and clean by contact with the gritty surface of the paper.

Now wash the wood thoroughly with warm, soapy water, this to remove any dust or dirt; dry it with a soft cloth and prepare to paint.

Be sure that you buy the best quality of paint that can be had. Cheap brands do more harm than good. A good brush will also be necessary, one that will not share its bristles when the work is being done.

After all the old paint is off the wood you can apply any colored stain or paint you desire. Walnut, oak, mahogany, are the popular dark colors, and white and gray the light colors.

There is a big demand now for colonial furniture painted white. This can be done by giving successive coats of paint over the darkest colors, after rubbing down with sandpaper.

When buying paint for white furniture be sure to get colonial white. This is really a deep cream color, and looks much more attractive than pure white or blue-white.

When painting a table or chairs remember always to begin at the top and work with the grain of the wood toward the base of the article.

Always allow one coat of paint or varnish to become thoroughly dry before putting on a second coat.

If you have chosen a dark-colored stain or paint, be very careful that it is put on evenly, otherwise there will be places where the wood will look mottled and darker than they should where the paint is thickest.

If the paint is very thick, it can be thinned out with turpentine, adding just enough to make it run smoothly when it is thoroughly stirred up from the bottom of the can.

The painting finished and dry, a thin coat of varnish should be applied, and made in dry a good plan is to polish the work with equal parts of linseed oil and turpentine, applied with an old soft cloth.

White spots can be removed from furniture with a little alcohol applied with a sponge. If the woodwork is very dirty, wash it with warm water to which had been added a few drops of ammonia. Dry and polish with the above.

One energetic woman varnished all the woodwork in the house and lower floor of her home. It took several days to do the work, but her home looks as fresh and clean as if it were new, and she has saved about the price of the work in the bank, as a start or an addition to your "nestegg."

## Bechees of Caviar.

Spread fried circles or fingers of bread with a thin layer of caviar. In the center place a Spanish queen-olive with its pit removed and the cavity filled with minced red peppers. Hold the olive in place with a few drops of mayonnaise and put tiny dots of the same about the bordered pepper. If preferred, anchovy and capers may be substituted for this.

## Velvet Neckband.

Some of the smart girls are wearing about the neck a strip of inch-wide velvet, each end of which terminates in a tassel, and each end is slipped through the next slide about an inch above the tassel.



Frances White

Weather or not the long tunic would persist through the autumn or even into the winter was a question that was much debated early this season. The prediction was made that the long full tunic would be converted into a short full skirt by the elimination of the narrow foundation skirt and the lengthening of the tunic. But as yet American women have not been eager to take up the short full skirt. The long tunic, but the crown is of the line of gilt buttons down the front of the blouse. The hat is a graceful sailor of soft black velvet faced in the white satin, and the crown is of white satin with a soft black velvet ribbon drawn around it and a gold rose nestling at the edge of the brim.

and light and pale, with golden hair and large hazel eyes, wonderfully beautiful teeth, and a musical voice. Soon after her death in the age of forty-two, no less than five novels appeared whose leading characters were more or less faithful representations of this unusual woman.

## HOROSCOPE.

"The stars incline, but do not compel." Friday, November 13, 1914. (Copyright, 1914.)

November 13—Princess Giovanna of Italy, Lady Caroline Lamb.

(Copyright, 1914.) Princess Giovanna Antonia Romana Maria is seven years old today. She was born in Rome in 1907, just two days after the birthday of her royal father, the King of Italy. Her official title is the Princess of Savoie.

Lady Caroline Lamb, a famous English beauty, who was born on November 12, 1785, had such original manners when she was a child that her grandmother consulted a specialist about her. She had been born of English parents in Italy and when she went to England to live with her conservative grandmother she was little understood.

When she was twenty she married Lord Melbourne, and a few years later fell under the influence of the poet Byron. Some of the smart girls are wearing about the neck a strip of inch-wide velvet, each end of which terminates in a tassel, and each end is slipped through the next slide about an inch above the tassel.

At the time of this Byron episode Lord Melbourne started proceedings for a legal separation, but when the lawyers came to execute the first papers they found Lord Melbourne with his wife. She was seated at his side in their drawing-room "feeding him tiny scraps of transparent bread and butter." The nobleman was entirely satisfied to remain with her when she was in this devoted mood, and apparently Lady Caroline had found him more to her taste than the erratic Byron.

In fact, Lady Caroline went so far as to burn the poet's letters and the miniature portrait he had given her. She arranged all these souvenirs on a funeral pile on the grounds of her estate, and had the young farmers' daughters of the neighborhood, clad in flowing white garments, dance around it singing some fantastic song which she had composed for the occasion.

Although Lord Melbourne never again attempted to separate from his fascinating wife, she continued to exercise the strange power of her charm on the men who came in contact with her. It is said that as substantial an Englishman as Lord Lytton was at one time deeply in love with her. It was impossible for one who did not come under her influence to understand the magic of it. She was small

with a cross-bar net dyed to match. The bodies is a blouse with basque, front and back and a full peplum falling from the sides, which skirt above the waistline, following this line of deep V. The full tunic of the skirt shirrs on a cord at the hips and falls in the third parallel V over the full underskirt. The sleeves and vest are of the crossbar net and the high standing collar is of cream satin picked out in a gilt point to match the line of gilt buttons down the front of the blouse. The hat is a graceful sailor of soft black velvet faced in the white satin, and the crown is of white satin with a soft black velvet ribbon drawn around it and a gold rose nestling at the edge of the brim.

The second gown, of midnight blue chiffon velvet, also carries the note of the dressing, with which the skirt is entirely new feature it shows is the extreme shortness of the skirt and the lift of the hem just above the feet. The house is of the velvet cord in a deep square with tulle folded across it. The somewhat bell-shaped sleeves are of the lace. The deep crush girdle dips down over the hips and is of midnight blue satin, as is the inset on the front of the underskirt. Satin forms the divided tunic—to the edge of which the lace is filled. The skirt is of velvet and a band of velvet set under the brim of its tight tam o' shanter lines.

## "The Art of Being Attractive"

By ELBA RYAN, of "Peep My Heart."



"The art of being attractive is one of the most popular questions of the day with most women and is radically different from the arts of attraction. Many a beautiful woman finds no difficulty in keeping herself lovely with little care,

but the unattractive woman has a difficult subject to deal with, and she must endeavor in every possible way to overcome the handicap of her more fortunate sister.

It is a woman's duty, and a most pleasant one, to be attractive and the elements of the charm of woman are physical, mental and spiritual—although all three are so vitally blended that there is scarcely any one to separate them.

This is the age of moving pictures, and as if on a screen I see myself as you will see yourself if you study yourself carefully and try to do what you can in the right direction.

Psychologists have failed to assign a definite analogy between the neatly arranged hair and clean cut logical thinking, but there is no doubt that frowny brows and addle-pates go hand and hand, while concise, well-balanced thought comes only when the hair is neatly combed.

I think that any woman should feel that, even with a varied assortment of good looks or attractions, if she would but study herself, and try and see herself as others do, it would not be long before she would be busy improving herself in one way or another.

I am prone to believe that the women in private life, do not always look after themselves quite as carefully as they should. In public life, where one is making her living every effort should be made in self-improvement.

I have been requested to give my views on the following subjects: "Care of the Body, Art of Being Attractive, Mental and Spiritual Helps, which will be printed in these columns and will follow this announcement.

## When the Milk Turns Sour.

Don't let the sight of sour milk discourage you. There are many delicious dishes which call for sour milk, so when untimely weather or lack of ice has caused the milk to turn rancid and connect some sour milk cookery.

Delicate little cheeses can be made of sour milk in this way: Heat the milk slowly until, when it is pressed in the hand it will form in a hard ball. Do not let it get hot enough to scald, as this will change its texture. When it has reached the hard ball stage, strain it through a cheesecloth. Put the curd—the thick part—thus obtained in a dish, add a little salt and a few teaspoonfuls of sweet cream, or melted butter, and mold the cheese into small balls or cakes.

Sour milk corn cake is a breakfast delicacy made with little trouble. Beat two eggs until they are creamy and frothy. Dissolve a teaspoonful of soda in two tablespoonfuls of boiling water and add it to three cupfuls of sour milk. Stir this well and add it to two teaspoonfuls of cornmeal, two of flour, a teaspoonful of salt and a tablespoonful of sugar. Then add the eggs. Mix the batter thoroughly and pour it into buttered muffins to the depth of an inch and a half. Bake for twenty-five minutes in a quick, hot oven.

Sour cream can be converted into delicious salad dressing. The dressing is especially good used with vegetables. To make it mix a teaspoonful of granulated sugar, a teaspoonful of salt, a pinch of cayenne pepper, a tablespoonful of lemon juice, three tablespoonfuls of vinegar and a cupful of thick, sour milk. Mix the ingredients thoroughly until the dressing is smooth and creamy.

Sour milk cakes baked on a griddle should be started at night. Mix a pint of sour milk, a little salt and enough flour to make a very stiff batter. Let it stand till morning. Then thin it a little with sweet milk, add a teaspoonful of soda and the same amount of molasses, and bake.

## Scalloped Fish.

Into a well buttered baking dish put a layer of cold baked fish, a layer of the dressing with which the fish was originally stuffed and then one of buttered bread or cracker crumbs moistened with a white sauce, sweet cream or melted butter. Season and repeat the alternate layers until the dish is filled. Cover the top with well buttered crumbs and bake until an appetizing brown.

## DAILY FASHION NOTE.

## Housewives Daily Economy Calendar

## SOME INEXPENSIVE SOUPS

(Copyright, 1914.)

Cabbage soup—One white cabbage, two ounces butter, one pint milk, three plants cold water; pepper and salt to taste.

Wash the cabbage, slice it into a pot, add the butter, put on the lid and leave it for ten minutes on a gentle heat. Add the water and boil for an hour, then add the milk, season and boil again. Serve with small squares of toasted or fried bread.

Milk soup—Four large potatoes, one pint milk, three tablespoonfuls fine sage, two ounces butter, one small onion (or two leeks), two quarts water and seasoning. Peel and slice the potatoes and put them into a pot with the white part of the leeks or the entire small onion and the butter. Cook together for five minutes and add the two quarts of boiling water. Boil until the vegetables are soft—usually about an hour—then add the milk; when it comes to the boil again stir in the sage, boil for fifteen minutes longer, season to fancy.

Scotch broth—This is the old-fashioned recipe for the broth of the country. The ingredients are one and one-half pounds of beef; one and one-half pounds neck of mutton; two large carrots; one large turnip; one onion; one-half small cabbage; one-fourth pound pearl barley; three quarts cold water; one tablespoonful chopped parsley and seasoning.

Wash the barley and put it into the pot with the meat and water; wash vegetables thoroughly, scrape the carrots, peel turnip and onion and cut them all into small dice. When the broth has boiled one hour add the vegetables, slicing the cabbage thinly. Boil together for two hours, skimming frequently. Last of all before serving add the parsley. The meat may be served separately with a little of the broth strained over it.

Brown soup—One pound shin of beef; one small carrot; one onion; small piece of turnip; one ounce dripping; sprig of sweet herb; quart cold water and salt and pepper.

Peel the meat into small pieces, peel and slice the onion and cut the carrot and turnip into thin strips; heat the dripping in a pot and when it is quite hot brown the meat and onion in it, making them a rich brown shade, then pour off the dripping, add the vegetables and sweet herb and water. Let it simmer for two hours, take out the herb, season and serve.

This country set a new mark in its purchase of nitrate of soda from Chile in 1913, the figures being no less than \$20,719,992.



## The Juliet 915 G St.

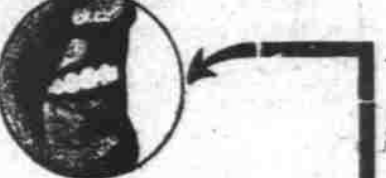
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Good teeth—even rows of white, perfect teeth—are necessary to a handsome appearance. Half of the beauty of an attractive face is in the smile.

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Small closets can be made apparently larger if horizontal bars are fastened from one wall to another, and clothes' hangers. Fifteen or twenty dresses, coats, skirts, and negligees can be accommodated on a bar in a closet, which would otherwise not hold more than half that number of hangers. These bars can be sections of wooden or brass curtain rods, or of his enough diameter to be strong. They should be fastened high enough so that the bottoms of the gowns will not touch the floor. If the bottoms of the dresses are a foot above the floor shoes can be neatly accommodated beneath them.

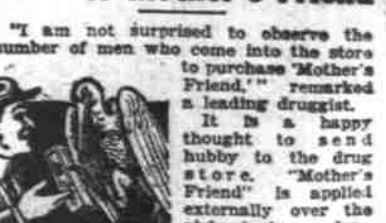
Cod's Head.

Wash the heads and simmer in a small quantity of water, flavored with vinegar and salt. When cooked they should be unbrowned. Take the fish up, remove the black skin and cut up the fish over a good fire. Dredge with flour and baste with butter. As soon as they become a brown color throw over them fine bread crumbs and baste again with butter. Serve with sauce, or with a cream sauce and sliced boiled eggs.

## Men Pay Homage to Mother's Friend

"I am not surprised to observe the number of men who come into the store to purchase 'Mother's Friend,'" remarked a leading druggist. "It is a happy thought to send hubby to the drug store. 'Mother's Friend' is applied externally over the abdominal muscles, nothing lubricant, penetrates to the fine network of nerves beneath the skin, and has a marked tendency to relieve the muscular strain to which these broad, flat abdominal muscles are subjected. The cords, tendons and ligaments are thus permitted to stretch without the corresponding surface strain so often involved during the period of expectation. This in part accounts for the entire absence of many cases reported of nausea, morning sickness and other distresses, such as laceration of the epigastric wall, which often the case when this gentle form of lubrication is neglected."

"Mother's Friend" has been highly recommended by a host of women who know from experience and by men who know from observation. Write Bradford Regulator Co., 288 Lamar Bldg., Atlanta, Ga., and we will send you a valuable little book to expectant mothers.



Orderliness is simply a matter of having everything in a place which is given up to that particular thing and in such a way that it interferes with nothing else. Hence if there are enough places to put things, enough cupboards and closets, shelves, drawers, boxes, and boxes, and if things that belong in these receptacles are put there order will reign.

Wooden boxes, the sort in which canned goods come to the grocer—which will be glad to sell for 10 or 15 cents each—can be covered with burlap and used for various purposes. The boxes should be lined with ticking or cretonne. The cover should be padded with cotton under the burlap and lined like the rest. Castors should be fastened on the bottom of the box and two brass hinges should hold cover and box together.

## GROGAN'S

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We will sell you a pair of good, warm Blankets for \$1.50

These are good looking and serviceable, but you'll get extra value in our qualities priced at \$5. Be sure and look at this line. We have a line of heavy, well made \$1.50

Comforts for \$4 to \$6. Fine silk comforts of quilted down are priced up to \$15.

We make, line, and lay all Carpets free, and charge nothing for the waste in cutting to match figures.

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